



Big Rock Aikikai

Kyu & Dan

Testing Requirements

2nd Dan - Black Belt

350 days & 2 yrs & 2 events/yr

Suwari Waza Shomenuchi Ikkyo, Nikyo, Sankyo, Yonkyo, Iriminage, Katadori

Nikyo, Yokomenuchi Ikkyo, Nikyo, Sankyo, Yonkyo, Gokyo

Shomenuchi Iriminage, Kotegaeshi, Shihonage

Katadori Nikyo

Ushiro Ryotedori Sankyo, Kotegaeshi, Kaitennage

Ushiro Ryokatadori Sankyo

Katatedori Iriminage, Kotegaeshi, Kaitennage, Shihonage

Hanmi Handachi Waza Katatedori Shihonage, Kaitennage, Ryotedori Shihonage,

Shomenuchi Iriminage

Ryotedori TENCHINAGE, KOSHINAGE

Katadori Menuchi Shihonage

Morotedori Kokyuhō, Yonkyo, Iriminage, Koshinage

Yokomenuchi Iriminage, Shihonage, Koshinage

Tsuki Kotegaeshi, Kaitennage

Tantodori - Tsuki Kotegaeshi, Hijikime, Ushiro Kubishime, Yokomenuchi Gokyo,

Shihonage, Kotegaeshi, Shomenuchi Gokyo, Kotegaeshi

Jiyu Waza Katatedori, Morotedori, Ryotedori, Shomenuchi, Yokomenuchi,

Tsuki, Ushiro Ryotedori, Katadori Menuchi

Ni Nin Gake / Futari Gake

Randori Any attack (2 uke), Ryokatadori (3 uke)

Suwari Waza Kokyudosa / Zagi Kokyuhō